

Compiled Explorer Series

#25 - Importance of Thought Forms

(Unedited Transcript)

Rita 00:00

Hello, I'm Rita Warren, coordinator of the Explorer work taking place here at the Monroe Institute. Also, I was monitored during the Explorer session excerpt you're about to hear. An Explorer is a volunteer subject who typically attended a Gateway Voyage, and he's mastered our techniques for the exploration of consciousness. Such individuals are tested in our laboratory and at our invitation, come back for our explorer sessions. Explorers in our laboratory are placed in a special soundproof booth as been shielded from outside radiation with copper sheet metal, the airflow temperature, and light levels in the booth are carefully regulated. The Explorer is monitored during a session by microphone and electrodes attached to the body. And of course, spatial Hemi-Sync tones are transmitted to the booth. This excerpt comes from the 16th session of IMEC recorded on September 11 1984. IMEC is one of our most prolific explorers and friend, the energy that speaks through her always has a great deal of useful information to share with us. Now, join the session in progress.

IMEC 01:27

you are an energy when an energy comes in contact with you. We are speaking now of a another physical being you too at that point are a energy field consisting of many energies and many thought forms, there is a consciousness residing in each energy field when one conscious when one energy then comes to a another energy and let us say addresses you let us say that one energy comes and says Good morning this is seems very insignificant, how ever those words upon entering your nervous system your energy field will react then on your nervous system. There is the most briefest briefest time span that occurs as that word as that sound enters your energy field. There are three possibilities for you receiving that information, one response, one response would be no response. The next would be that if that energy enter your field and you did not consciously you let me say that the when that energy enters your energy field, there is a moment of reaction there is like a change a chemical change that occurs and there is a an energy that is produced that energy then if your consciousness is aware can take that energy and utilize it there is a possibility. The we will continue with the example the person says Good morning if the energy enters in to the nervous system on at what you say an automatic basis it will carry with it all that is projected from the other energy. Let us say for example the energy is in a low state of being existence. If you allow the energy to enter into your energy field and Without the conscious recognition that there is a energy process taking place, that in that manifestation of the occurrence, the energy, then if not consciously used by you will enter your body. And will then if there is no conscious response, it will begin to search on a another lot on a subconscious level, it will assimilate information given by projections, to closely assimilate the projections given by the individual. So, we would say that the individual is in a low state of consciousness, if there is no conscious response on your part, then your own subconscious energies will use the we would say new energy produced and it would search throughout your energy banks and would assimilate such information perhaps, as this person does not feel well, this person is in a low state of being and then it would associate on a rapid

succession. So, consciously all other information dealing with this as many associations as your energy field contained projections that you had accumulated accumulated, that tell you what is going on in other energy fields would quickly come to the surface and you would then perhaps draw a conclusion you may respond then to the individual with you do not look very well, you are low in spirits and you do not look your normal self the projections then have been added to then the individual would then pick up on upon that which you said adding new energy and they would say this perhaps they would say this is true, I do not feel quite to my usual standard when the individual that received the first impression continues on their way if they by now, in existence is this energy field, this energy that was this correspondence or communication, the person may perhaps then upon meeting a nother energy field, say, I met another energy field and they are not feeling too well today. This then becomes your communication to the energy field that you now have come in contact with, if their consciousness is not of a point where they can recognize this, they will add to our confirm perhaps in a manner Yes, I saw that energy field and they did look a little down. We give you this example to show how this grows as this continues perhaps later in a group meeting and there we say we saw the energy field and they are not well, then there is a another confirmation from all of the other energy fields there. They these all of these projections and agreements become an energy field and will affect the being that first established that this process was started, there is an energy now operating that is in agreement with all of these negative aspects that we view a agreed on in your confirmations with each other. This energy will then find a place it will find as it were, a manifestation for you, it has now created more energy. And as the energy increases, there will be confirmation for an exaggerated point, the original being perhaps may even end up in the hospital. And thereby everyone's confirmation will be proven in that yes, we knew this individual was not well. The other choice that you have, when you come in contact with the energy being on the first contact, when the energy says good morning to you, if your consciousness is alert, if your awareness is fair, when you receive the impressions, the totalness of this being upon your nervous system, you will recognize then, that this you have just received and by the acceptance and energy force, if you then have the choice of taking or we would say that utilizing the energy that is manifested the original the same energy is there the same potential energy is there that was used in the negative way, you can then recognize that you have just entered into the creation of whatever it is you wish to create. And we hope in this instance, that it would be to create the health and beauty that you seek on the earth plane, when the energy then enters into your field and there is a contact there is an energy, your consciousness then can take that energy and can look at the individual in a physical way. And it can see all of the positive things they can say your eyes look beautiful today, where perhaps in the other conversation, they said your eyes look weak, you can say to the individual you are radiating with health, you can at that point use the energy that is being added to by your attention to project then upon that individual, those qualities which you wish that individual to have. When you leave the individual, your positive projections will be carried with them rather than the confirmations of perhaps any negative vibrations that was with them. When you meet your friends later, you can say I met the energy field today who is radiating with health and beauty, then when you meet in your groups, you can confirm the fact that the individual is well and healthy. And everyone in the group by seeing and knowledge in your creation of health and beauty will add to the manifestation of energies that are being created that which you wish to create, then that confirmation will come as later the individual's health and happiness has increased to follow. If you do not use the energy that is manifested on the first encounter, it will use it will become part of the autonomic nervous system and it will act on its own and it can only act on its own according to what is in the energy field. If one has reached the state of perfection, then one

perhaps would not have to watch the, in the numerous amounts of encounters that they have during their even daily associations. Use The powers that are given to the physical manifestations are powers that only exist because of the belief system. So, as one this tries to discover in themselves, why they have automatic responses, why they see sickness, unhappiness or any of the negative things in individuals, they can use this as to the question of why that they see beautiful things in some and not beautiful things in the other beings that exist, and they must recognize that it is they project out on the individuals, that which unless they are doing it in a conscious sense is on an automatic basis based on previous knowledge assumptions, that there are other people's projections about what they are witnessing. And in many times they become confused, and they would say, that, I cannot deny that this person does not feel well, the person told me they did not feel well. And this is where this is where the control comes for entities and foolish to, as it were alter or change the vibrations of others to influence this is the moment of influence, if they use the energy, then at that point, to create our food project, health and beauty and they do not agree, you see it is the agreement you they if they agree with the person who is projecting a certain attitude, feeling, then there is energy added to it, it becomes an agreement and it is added. So, when you first begin this process, it may appear. And there are other energies in your own system that will tell you that you are not preceding reality. And there is the process of as it were, you would say to tell a truth, because one part of your reality, it tells you a certain thing, but when you confirm that you add energies to it. So as it were, one must cease to recognize that which they do not wish to exist in their reality. And if they wish this to cease and the realities of those around them, they must not agree in any way with any any any subject, any feeling any manifestations that they do not wish to be part of their reality. And we would say that by not agreeing, we do not wish that you should enter into a confrontation that we do not wish for you to try to impose at this particular time. That the your outward impressions upon these people here is where your consciousness your would have to take over and every word that you spoke, every thought that you thought at this particular time should be under your conscious control as to what you are adding to what you are agreeing to and your words, then it should be chosen very carefully. So that it would not as it were a film that the person you see many who have these concepts was your agreement to it. And you must learn how to agree without agreeing. You must answer with positive answers. You must answer the individual with love and understanding but you must not confirm or add to any what you yourself then decide is negative or that is positive are beautiful, but we wish to explain are to help you understand In that the slightest encounter, the most insignificant encounter with individuals with any force has potentials. And it is if you analyze it, if you stop and really understand the magnitude of it, then you could see how the reality of the physical world has become such as it is, it takes some analyzing it takes much for, for one to enter in and to become familiar with all of the teachings all of the assumed truths that they are in truth because they have been agreed upon. I do recognize that you can cease the agreement anytime you wish.

Rita 42:49

That excerpted session with friend is one of many that covers quite a wide range of subjects. We have a number of other individuals who are providing a great body of thought provoking information. As we continue our explorations. We hope you find them as interesting as we do.